



Please accept a gift from my heart
That I've chosen to give to you
Because I'm going through a hard time
And I've been so unsure what to do
I am an estranged parent
My beloved prodigal child is gone
And I, like so many estranged parents,
We are just trying to move on
The one thing that we need to find
Is a place to put our love
Because since our child went no contact
It's all that we've been thinking of
So this is our EPic day of love
And you will notice the capitalized EP
Because we are the estranged parents
There are thousands of EPs just like me
Each one of our stories are different
And we have swallowed sorrow and shame
We have done all we could to repair it
But our relationships will never be the same
So instead of feeling embarrassed
Instead of feeling banished and alone
We decided to get up and give back
To get out of our comfort zone
Every person deserves validation
And every person deserves to know
That they are seen and they are worthy
Even if the world forgets to tell them so
So I celebrate this EPic Day of Love
My heartfelt intention is to show kindness and grace
I choose to let love lead my life
Because my love can still make the world a better place